

## Farm Gate Trail Round Up – 7<sup>th</sup> May, 2005

Susan Fennelly – 4575 4095

### IN SEASON ON THE TRAIL

Good Morning Simon,

Still plenty of Apples – Fuji, pink lady and grannies, from the farmgates but **no** more pick your own on the trail. There are brown and packham pears, and have been told that this is the last weekend for figs and raspberries. We still have Valencia oranges and it will be another couple of weeks before we see navels. We have the early imperial mandarins and standard limes, as well as kaffir limes and leaves. This week we also have a new crop of **Zola tomatoes** and also this week we have **Nightingale persimmons** (the astringent variety) on the Hills Run.

Vege wise – This area grows an enormous amount of Chinese veges, such as pak choy, bok choy; and these also lots of jap & Qld Blue pumpkins, field chives cauliflowers, white sweet potato, Brussels sprouts & swiss brown mushrooms, egg plant, rhubarb, endives and chicory and for a fuller list see the website.

We also have a large number of bee hives in the area for local honey production and you'll find bloodwood, yellow box, a delightful blend called 'scrub honey'.

### EVENTS

#### Mt. Tomah Botanic Garden

The Superheroes Quest continues until the end of May.

Who is stealing the nuts off the trees? Help solve the clues to find the culprit.

**When:** May, 10 am to 4 pm

**Where:** Mount Tomah Botanic Garden

**Cost:** \$2.80

**Bookings:** 4567 2154

#### Fernbrook Garden and Gallery – Open Day

Sat – Sun 14/15<sup>th</sup> May

Woodland garden with a native and exotic mix. Delightful rainforest creek and the Studio gallery of Elaine who is an acclaimed botanical artist.

#### Farmers & Gourmet Food Market

Next weekend 14/15<sup>th</sup> May at Castle Hill Showground.

#### Update on fruit and veges in season

For the latest update of fruit and veges in season from our farms and to download any of the seasonal itineraries as well as the whole map, go to the website

[www.hawkesburyharvest.com.au](http://www.hawkesburyharvest.com.au)

All the information on the Farm Gate Trail will be on the website or from Hawkesbury Valley Tourism Office at Clarendon on **4588 5895**, where along with the Farm Gate map, your listeners can pick up the notes of today's roundup

### **Best Days to Drive the Trail**

Friday or Saturday are the recommended days for self-drive tours of the Farm Gate Trail.

### Fruit on the Trail

Apples – Pinecrest Orchard, Enniskillen Orchard, Orange Spot, Waddell's Orchard  
Pajeros Strawberries – fresh and frozen –359 Galston Strawberries, Enniskillen Orchard, The Orange Spot  
Mandarins and Valencia Oranges – The Orange Spot  
Raspberries & Figs – Enniskillen Orchard  
Limes – Ford's Farm

### Veges on the Trail

Tomatoes, corn, potatoes, lettuce, rhubarb, eggplant, mushrooms, cabbage, beetroot, shallots, capsicum, eggplant, cauliflower, broccoli, butternut pumpkins, Jap Qld Blue & Baby carrots.

### Other Produce – Food & Wine

Wine, port including white port, aleatico; Verjus; Goat cheese & yoghurt; baked crisp breads including lavosh, honey, apple juice, free range eggs, ice cream with real fruit, fruit rollups with fruit fresh from the orchard. Jams, pickles and sauces and the range from the native bush tucker foods. Peking ducks, also sausages, breast fillet, Maryland & whole ducks; abattoir and butcher – large range of beef, pork and lamb, goat, venison and ostrich. Spring Water and Silver Perch.

### Other Produce – Fibre & Flora

Koi and Goldfish, silver perch, field roses, Crepe Myrtles, pelargoniums and geraniums, alpacas & alpaca products such as jumpers, scarves etc. Open gardens and galleries with pottery, paintings and bowls and platters.